

December 2024

January 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

29

30

31

1

2

3

4

**10:00 AM**  
Wii Games w/ Alyssa  
(WEST WING)  
**11:00 AM**  
What's New in '25 and  
1st Time for Everything  
Trivia w/ Alyssa  
(EAST WING)  
**1:15 PM**  
Holiday Bingo w/ Alyssa  
(HOME PARTY ROOM)  
**2:30 PM**  
Coffee Break  
(HOME DINING ROOM)



**8:30 AM**  
Free Swim w/ Alyssa  
(POOL)  
**9:15 AM**  
Aquacise w/ Alyssa  
(POOL)  
**9:15 AM**  
Exercise w/ Jean  
(EAST WING)  
**10:00 AM**  
Music Explorations w/  
Rebecca  
(EAST WING)  
**10:15 AM**  
Baptist Service  
(CHAPEL)  
**10:15 AM**  
Exercise w/ Jean  
(RENKEN GYM)  
**10:30 AM**  
Shopping Trip to Key Food  
w/ Jen & Alyssa (VAN TRIP)  
**11:00 AM**  
Corn Hole w/ Jean  
(EAST WING)  
**2:30 PM**  
Coffee Break  
(HOME DINING ROOM)  
**3:00 PM**  
Board Games w/ Jean &  
Alyssa  
(WEST WING)  
**3:00 PM**  
Card Players Society w/  
Rebecca  
(RENKEN LIBRARY )  
**4:00 PM**  
LCR w/ Jean & Rebecca  
(RENKEN LIBRARY )

**8:30 AM**  
Free Swim w/ Alyssa  
(POOL)  
**9:15 AM**  
Exercise w/ Jen  
(EAST WING)  
**9:15 AM**  
Aquacise w/ Alyssa  
(POOL)  
**10:00 AM**  
Name that Instrument w/  
Rebecca  
(EAST WING)  
**10:15 AM**  
Exercise w/ Alyssa  
(RENKEN GYM)  
**11:00 AM**  
Timeless Tales w/ Rebecca  
(EAST WING)  
**1:15 PM**  
Karaoke w/ Cheryl: Golden  
Oldies  
(WEST WING)  
**2:15 PM**  
Mini Spa w/ Rebecca  
(WEST WING)  
**2:30 PM**  
Coffee Break  
(HOME DINING ROOM)  
**3:00 PM**  
LCR w/ Alyssa  
(HOME PARTY ROOM)

**9:00 AM**  
Music & Movement w/  
Rebecca  
(EAST WING)  
**10:15 AM**  
Exercise w/ Rebecca  
(RENKEN GYM)  
**11:00 AM**  
Mexican train w/ Rebecca  
(WEST WING)  
**1:00 PM**  
Free Swim w/ Ciara  
(POOL)  
**1:15 PM**  
Pokeno w/ Rebecca  
(HOME PARTY ROOM)  
**2:00 PM**  
Aquacise w/ Ciara  
(POOL)  
**2:30 PM**  
Coffee Break  
(HOME DINING ROOM)  
**3:00 PM**  
Movie Matinee  
(WEST WING)

# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 <b>9:15 AM</b> Wii Games w/ Jean (WEST WING) <b>10:15 AM</b> Catholic Mass (CHAPEL) <b>11:00 AM</b> Trivia w/ Jean (WEST WING) <b>1:15 PM</b> Bingo w/ Jean (HOME PARTY ROOM) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>4:00 PM</b> Movie Matinee (RENKEN LIBRARY )	6 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>10:15 AM</b> Minds in Motion w/ Jean (EAST WING) <b>11:00 AM</b> Arts & Crafts w/ Jean & Alyssa (HOME PARTY ROOM) <b>1:00 PM</b> Shopping Trip: King Kullen w/ Jen & Alyssa (VAN TRIP) <b>1:15 PM</b> Detective Puzzles w/ Jean (EAST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Corn hole w/ Alyssa & Jean (RENKEN GYM) <b>4:00 PM</b> Travelogue (RENKEN LIBRARY )	7 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:00 AM</b> Mini Spa w/ Rebecca (RENKEN LIBRARY ) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>11:00 AM</b> Bowling w/ Jen, Jean & Alyssa (EAST WING) <b>1:00 PM</b> Health & Wellness Series: The benefits of Exercise w/ Jen (RENKEN LIBRARY ) <b>1:15 PM</b> Cranium Crunches: Proper Nouns A to Z w/ Jean (EAST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Joyful Reflections: Canine Companions w/ Jean (EAST WING) <b>3:00 PM</b> Glee Club w/ Rebecca (RENKEN LIBRARY ) <b>4:00 PM</b> Horse Racing w/ Rebecca & Jean (RENKEN LIBRARY )	8 <b>8:30 AM</b> Free Swim w/ Jen (POOL) <b>9:15 AM</b> Aquacise w/ Jen (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:00 AM</b> Arts & Crafts w/ Rebecca (HOME PARTY ROOM) <b>10:15 AM</b> Exercise w/ Jean (RENKEN GYM) <b>11:00 AM</b> Ball Toss Trivia w/ Rebecca (EAST WING) <b>1:15 PM</b> Wii Games w/ Alyssa (WEST WING) <b>1:15 PM</b> Glee Club w/ Rebecca (EAST WING) <b>2:00 PM</b> Coffee House Cafe w/ University of Buffalo Acapella Group (HOME DINING ROOM) <b>3:15 PM</b> Discussion Group: The Billionaires Club w/ Jean (EAST WING) <b>3:15 PM</b> Meditations w/ Rebecca (RENKEN 3RD FLOOR) <b>4:00 PM</b> Pokeno w/ Rebecca & Jean (RENKEN LIBRARY ) <b>6:15 PM</b> Movie Night at the Platt: South Pacific w/ Alyssa (HOME PARTY ROOM)	9 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>10:00 AM</b> Music Explorations w/ Rebecca (EAST WING) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>11:00 AM</b> Music Explorations w/ Rebecca (RENKEN LIBRARY ) <b>11:00 AM</b> Corn Hole w/ Alyssa & Jean (EAST WING) <b>1:00 PM</b> Van Trip: Local Bank Run w/ Jen & Alyssa (VAN TRIP) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Board Games w/ Jean & Alyssa (WEST WING) <b>3:00 PM</b> Card Players Society w/ Rebecca (RENKEN LIBRARY ) <b>4:00 PM</b> LCR w/ Rebecca & Jean (RENKEN LIBRARY )	10 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jen (EAST WING) <b>10:15 AM</b> Rabbi Vernon Visits <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>11:00 AM</b> Timeless Tales w/ Rebecca (EAST WING) <b>1:15 PM</b> Friendship Hobby Hour (HOBBY ROOM) <b>1:15 PM</b> Mini Spa w/ Rebecca (WEST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> LCR w/ Rebecca & Alyssa (HOME PARTY ROOM)	11 <b>9:00 AM</b> Music & Movement w/ Rebecca (EAST WING) <b>10:15 AM</b> Exercise w/ Rebecca (RENKEN GYM) <b>11:00 AM</b> Mexican train w/ Rebecca (RENKEN LIBRARY ) <b>1:00 PM</b> Free Swim w/ Ciara (POOL) <b>1:15 PM</b> Pokeno w/ Rebecca (HOME PARTY ROOM) <b>2:00 PM</b> Aquacise w/ Ciara (POOL) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Movie Matinee (WEST WING)



# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>12</b></p> <p><b>9:00 AM</b> Nails by Jenny (WEST WING)</p> <p><b>9:15 AM</b> Wii Games w/ Jean (WEST WING)</p> <p><b>10:15 AM</b> Catholic Communion (CHAPEL)</p> <p><b>11:00 AM</b> Trivia w/ Jean (WEST WING)</p> <p><b>1:15 PM</b> Bingo w/ Jean (HOME PARTY ROOM)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>4:00 PM</b> Movie Matinee (RENKEN LIBRARY )</p>	<p><b>13</b></p> <p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>10:15 AM</b> Minds in Motion w/ Jean (EAST WING)</p> <p><b>11:00 AM</b> Arts &amp; Crafts w/ Jean &amp; Alyssa (HOME PARTY ROOM)</p> <p><b>1:00 PM</b> Shopping Trip to Shop Rite w/ Jen &amp; Alyssa (VAN TRIP)</p> <p><b>1:15 PM</b> Picture It! w/ Jean</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Corn hole w/ Jean &amp; Alyssa (RENKEN GYM)</p> <p><b>4:00 PM</b> Travelogue (RENKEN LIBRARY )</p>	<p><b>14</b></p> <p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:00 AM</b> Mini Spa w/ Rebecca (RENKEN LIBRARY )</p> <p><b>10:15 AM</b> Catholic Communion (CHAPEL)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Horse Racing w/ Jean &amp; Alyssa (EAST WING)</p> <p><b>1:15 PM</b> Lutheran Service (CHAPEL)</p> <p><b>1:15 PM</b> Cranium Crunches: Where in the World- Ancient Wonders w/ Jean (EAST WING)</p> <p><b>2:00 PM</b> Coffee House Cafe w/ Sal &amp; the Bay City Rollers (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Glee Club w/ Rebecca (RENKEN LIBRARY )</p> <p><b>3:15 PM</b> Joyful Reflections: Infants &amp; Babies w/ Jean (EAST WING)</p> <p><b>4:00 PM</b> Bingo w/ Rebecca &amp; Jean (RENKEN LIBRARY )</p>	<p><b>15</b></p> <p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:00 AM</b> Arts &amp; Crafts (HOME PARTY ROOM)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Ball Toss Trivia w/ Jean (EAST WING)</p> <p><b>12:00 PM</b> Lunch Trip: Chef Wangs w/ Alyssa &amp; Jen (VAN TRIP)</p> <p><b>1:15 PM</b> Wii Games w/ Jean (WEST WING)</p> <p><b>1:15 PM</b> Glee Club w/ Rebecca (EAST WING)</p> <p><b>2:00 PM</b> Carol Bruder's Art Exhibit (WEST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:15 PM</b> Discussion Group: Dodoes were no Dodoes w/ Jean (EAST WING)</p> <p><b>3:15 PM</b> Meditations w/ Rebecca (RENKEN 3RD FLOOR)</p> <p><b>4:00 PM</b> Pokeno w/ Jean &amp; Rebecca (RENKEN LIBRARY )</p> <p><b>6:15 PM</b> Movie Night at the Platt: Ocean's Eleven w/ Rebecca (HOME PARTY ROOM)</p>	<p><b>16</b></p> <p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:00 AM</b> Music Explorations w/ Rebecca (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Corn Hole w/ Jean &amp; Alyssa (EAST WING)</p> <p><b>11:00 AM</b> Music Explorations w/ Rebecca (RENKEN LIBRARY )</p> <p>2:00 PM Cooking Demo w/ Chef Tom (Kitchen)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Board Games w/ Jean &amp; Alyssa (WEST WING)</p> <p><b>3:00 PM</b> Card Players Society w/ Rebecca (RENKEN LIBRARY )</p> <p><b>4:00 PM</b> LCR w/ Jean &amp; Rebecca (RENKEN LIBRARY )</p>	<p><b>17</b></p> <p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jen (EAST WING)</p> <p><b>10:00 AM</b> Name that Instrument w/ Rebecca (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Timeless Tales w/ Rebecca (EAST WING)</p> <p><b>1:15 PM</b> Karaoke w/ Cheryl: Broadway Tunes (WEST WING)</p> <p><b>1:15 PM</b> MLK jr. Jeopardy Alyssa &amp; Rebecca (EAST WING)</p> <p><b>1:15 PM</b> Friendship Hobby Hour (HOBBY ROOM)</p> <p><b>2:15 PM</b> Mini Spa w/ Rebecca (WEST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> LCR w/ Alyssa &amp; Rebecca (HOME PARTY ROOM)</p>	<p><b>18</b></p> <p><b>9:00 AM</b> Music &amp; Movement w/ Rebecca (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Rebecca (RENKEN GYM)</p> <p><b>11:00 AM</b> Nassau Bolts Visit &amp; Activity (HOME PARTY ROOM)</p> <p><b>1:15 PM</b> Pokeno w/ Rebecca (HOME PARTY ROOM)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Movie Matinee (WEST WING)</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p><b>9:15 AM</b> Wii Games w/ Jean (WEST WING)</p> <p><b>10:15 AM</b> Catholic Mass (CHAPEL)</p> <p><b>11:00 AM</b> Trivia w/ Jean (WEST WING)</p> <p><b>1:15 PM</b> Bingo w/ Jean (HOME PARTY ROOM)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>4:00 PM</b> Movie Matinee (RENKEN LIBRARY )</p>	<p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>10:15 AM</b> Minds in Motion (EAST WING)</p> <p><b>11:00 AM</b> Arts &amp; Crafts w/ Jean &amp; Alyssa (HOME PARTY ROOM)</p> <p><b>12:30 PM</b> Van Trip: Elmont Theatre: Dr. King, The Dream Becoming Reality with City Sounds Music Orchestra (VAN TRIP)</p> <p><b>1:15 PM</b> Martin Luther King Discussion w/ Jean (EAST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Corn hole w/ Alyssa &amp; Jean (RENKEN GYM)</p> <p><b>4:00 PM</b> Travelogue (RENKEN LIBRARY )</p>	<p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:00 AM</b> Mini Spa w/ Rebecca (RENKEN LIBRARY )</p> <p><b>10:15 AM</b> Catholic Communion (CHAPEL)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Bowling (EAST WING)</p> <p><b>1:00 PM</b> Shopping Trip to Holiday Farms w/ Alyssa &amp; Jen (VAN TRIP)</p> <p><b>1:15 PM</b> The Boroughs of New York w/ Rebecca &amp; Jean (EAST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Glee Club w/ Rebecca (RENKEN LIBRARY )</p> <p><b>3:15 PM</b> Joyful Reflections: Elegant Horses w/ Jean (EAST WING)</p> <p><b>4:00 PM</b> Horse Racing w/ Jean &amp; Rebecca (RENKEN LIBRARY )</p>	<p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jen (EAST WING)</p> <p><b>10:00 AM</b> Arts &amp; Crafts w/ Rebecca (HOME PARTY ROOM)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Renken Resident Council Election (GREAT ROOM)</p> <p><b>11:00 AM</b> Ball Toss Trivia w/ Rebecca (EAST WING)</p> <p><b>1:15 PM</b> Wii Games w/ Jean (WEST WING)</p> <p><b>1:15 PM</b> Glee Club w/ Rebecca (EAST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:15 PM</b> Discussion: Mohamed Ali (EAST WING)</p> <p><b>3:15 PM</b> Meditations w/ Rebecca (RENKEN 3RD FLOOR)</p> <p><b>4:00 PM</b> Pokeno w/ Rebecca &amp; Jean (RENKEN LIBRARY )</p> <p><b>6:15 PM</b> Movie Night at the Platt: What a Way to Go w/ Jean (HOME PARTY ROOM)</p>	<p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jean (EAST WING)</p> <p><b>10:00 AM</b> Music Explorations w/ Rebecca (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Music Explorations w/ Rebecca (RENKEN LIBRARY )</p> <p><b>11:00 AM</b> Corn Hole w/ Jean &amp; Alyssa (EAST WING)</p> <p><b>1:00 PM</b> Van Trip: CVS (VAN TRIP)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Card Players Society w/ Rebecca (RENKEN LIBRARY )</p> <p><b>3:00 PM</b> Board Games w/ Jean &amp; Alyssa (WEST WING)</p> <p><b>4:00 PM</b> LCR w/ Jean &amp; Rebecca (RENKEN LIBRARY )</p>	<p><b>8:30 AM</b> Free Swim w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Aquacise w/ Alyssa (POOL)</p> <p><b>9:15 AM</b> Exercise w/ Jen (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM)</p> <p><b>11:00 AM</b> Timeless Tales w/ Rebecca (EAST WING)</p> <p><b>1:15 PM</b> Friendship Hobby Hour (HOBBY ROOM)</p> <p><b>1:15 PM</b> Mini Spa w/ Rebecca (WEST WING)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> LCR w/ Rebecca &amp; Alyssa (HOME PARTY ROOM)</p>	<p><b>9:00 AM</b> Music &amp; Movement w/ Rebecca (EAST WING)</p> <p><b>10:15 AM</b> Exercise w/ Rebecca (RENKEN GYM)</p> <p><b>11:00 AM</b> Mexican train w/ Rebecca (WEST WING)</p> <p><b>1:15 PM</b> Pokeno w/ Rebecca (HOME PARTY ROOM)</p> <p><b>2:00 PM</b> Bible Study w/ Stephan (CHAPEL)</p> <p><b>2:30 PM</b> Coffee Break (HOME DINING ROOM)</p> <p><b>3:00 PM</b> Movie Matinee (WEST WING)</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 <b>9:00 AM</b> Nails by Jenny (WEST WING) <b>9:15 AM</b> Wii Games w/ Jean (WEST WING) <b>10:15 AM</b> Catholic Communion (CHAPEL) <b>11:00 AM</b> Trivia w/ Jean (WEST WING) <b>1:15 PM</b> Bingo w/ Jean (HOME PARTY ROOM) 2:30 PM Coffee Break (HOME DINING ROOM) <b>4:00 PM</b> Movie Matinee (RENKEN LIBRARY )	27 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>10:15 AM</b> Minds in Motion w/ Jean (EAST WING) <b>11:00 AM</b> Arts & Crafts w/ Jean & Alyssa (HOME PARTY ROOM) <b>1:00 PM</b> Shopping Trip to Stop & Shop w/ Jen & Alyssa (VAN TRIP) <b>1:15 PM</b> Pair Up w/ Jean (EAST WING) <b>2:30 PM</b> Adult Home Resident Council (HOME DINING ROOM) <b>3:00 PM</b> Corn hole w/ Jean & Alyssa (RENKEN GYM) <b>4:00 PM</b> Travelogue (RENKEN LIBRARY ) <b>5:00 PM</b> Dinner Music w/ Albert (HOME DINING ROOM)	28 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:00 AM</b> Mini Spa w/ Rebecca (RENKEN LIBRARY ) <b>10:15 AM</b> Catholic Communion (CHAPEL) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>11:00 AM</b> Horse Racing (EAST WING) <b>1:00 PM</b> Health & Wellness Series: Reframing Stress for Wellness w/ Jen (RENKEN LIBRARY ) <b>1:15 PM</b> Lutheran Service (CHAPEL) <b>1:15 PM</b> S'no Jokin w/ Jean & Rebecca (EAST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> 1st to 25 w/ Jean & Alyssa (EAST WING) <b>3:00 PM</b> Glee Club w/ Rebecca (RENKEN LIBRARY ) <b>4:00 PM</b> Bingo w/ Jean & Rebecca (RENKEN LIBRARY )	29 <b>8:30 AM</b> Free Swim w/ Jen (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>9:15 AM</b> Aquacise w/ Jen (POOL) <b>10:00 AM</b> Arts & Crafts w/ Rebecca (HOME PARTY ROOM) <b>10:15 AM</b> Exercise w/ Jean (RENKEN GYM) <b>11:00 AM</b> Ball Toss Trivia w/ Rebecca (EAST WING) <b>1:15 PM</b> Ladies Society January Birthday Party (HOME PARTY ROOM) <b>1:15 PM</b> Wii Games w/ Alyssa (WEST WING) <b>1:15 PM</b> Glee Club w/ Rebecca (EAST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:15 PM</b> Meditations w/ Rebecca (RENKEN 3RD FLOOR) <b>4:00 PM</b> Pokeno w/ Rebecca & Jean (RENKEN LIBRARY ) <b>6:15 PM</b> Movie Night at the Platt: The Miracle Worker w/ Alyssa (HOME PARTY ROOM)	30 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jean (EAST WING) <b>10:00 AM</b> Music Explorations w/ Rebecca (EAST WING) <b>10:15 AM</b> Exercise (RENKEN GYM) <b>11:00 AM</b> Corn Hole (EAST WING) <b>11:00 AM</b> Music Explorations (RENKEN LIBRARY ) <b>1:15 PM</b> Chinese New Year: Kumquat - A Symbol of Luck w/ Jean, Rebecca & Alyssa (EAST WING) <b>2:00 PM</b> Chinese New Year: Are you A Snake? w/ Jean, Rebecca & Alyssa (EAST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Board Games w/ Jean & Alyssa (WEST WING) <b>3:00 PM</b> Card Players Society w/ Rebecca (RENKEN LIBRARY ) <b>4:00 PM</b> LCR w/ Rebecca & Jean (RENKEN LIBRARY )	31 <b>8:30 AM</b> Free Swim w/ Alyssa (POOL) <b>9:15 AM</b> Aquacise w/ Alyssa (POOL) <b>9:15 AM</b> Exercise w/ Jen (EAST WING) <b>10:15 AM</b> Exercise w/ Alyssa (RENKEN GYM) <b>11:00 AM</b> Timeless Tales w/ Rebecca (EAST WING) <b>1:00 PM</b> Van Trip: Home Goods w/ Jen & Alyssa (VAN TRIP) <b>1:15 PM</b> Karaoke w/ Cheryl: Hootenanny Songs (WEST WING) <b>1:15 PM</b> Friendship Hobby Hour (HOBBY ROOM) <b>2:15 PM</b> Mini Spa w/ Rebecca (WEST WING) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> LCR w/ Rebecca (HOME PARTY ROOM)	1 <b>9:00 AM</b> Music & Movement w/ Rebecca (EAST WING) <b>10:15 AM</b> Exercise w/ Rebecca (RENKEN GYM) <b>11:00 AM</b> Mexican train w/ Rebecca (RENKEN LIBRARY ) <b>1:15 PM</b> Pokeno w/ Rebecca (HOME PARTY ROOM) <b>2:30 PM</b> Coffee Break (HOME DINING ROOM) <b>3:00 PM</b> Movie Matinee (WEST WING)