February 2024 / March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:00 AM** Karaoke w/ Cheryl (WEST WING) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Ping Pong (RENKEN GYM) **11:00 AM** Scattergories (EAST WING) **1:15 PM** Afternoon of Documentaries (WEST WING) **1:30 PM** Friendship Hobby Hour (HOBBY ROOM) **1:30 PM** Cranium Crunches (EAST WING) **3:00 PM** Drum Circle (EAST WING)	2 **9:00 AM** Music & Movement (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Mexican train (WEST WING) **1:15 PM** Pokeno (HOME PARTY ROOM) **3:00 PM** Movie Matinee (West Wing)

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 **9:00 AM** Nails By Jenny (WEST WING) **9:15 AM** Riddles (EAST WING) **10:15 AM** Catholic Communion (CHAPEL) **11:00 AM** Walking Club (EAST WING) **1:15 PM** Bingo (HOME PARTY ROOM) **2:30 PM** Movie Matinee (WEST WING) **4:00 PM** Movie Matinee (RENKEN LIBRARY)	4 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Daily Chronicles (EAST WING) **11:00 AM** Arts & Crafts (HOME PARTY ROOM) **1:15 PM** Discussion w/ Chloe (RENKEN LIBRARY) **1:15 PM** Shopping Trip to Lidl (VAN TRIP) **3:00 PM** Corn Hole (RENKEN GYM) **3:00 PM** Brain & Body Yoga (EAST WING) **3:15 PM** Meditation (RENKEN 3RD FLOOR)	5 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **10:15 AM** Catholic Communion (CHAPEL) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Weird Science (RENKEN LIBRARY) **11:00 AM** Corn Hole (EAST WING) **1:00 PM** Trip to Marshall's (VAN TRIP) **1:15 PM** Angel's Veteran Hour (HOME PARTY ROOM) **2:00 PM** Mariachi Hour (HOME DINING ROOM) **3:00 PM** Glee Club (RENKEN LIBRARY) **4:00 PM** German Video (RENKEN LIBRARY)	6 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:00 AM** Friendship Hobby Hour Spring Sale (WEST WING) **10:15 AM** Arts & Crafts (HOME PARTY ROOM) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Hangman (EAST WING) **11:00 AM** Jeopardy! (GREAT ROOM) **1:15 PM** Glee Club (East Wing) **2:30 PM** Trip to Franklin Square Public Library (VAN TRIP) **3:00 PM** Meditations (RENKEN 3RD FLOOR) **4:00 PM** Pokeno (RENKEN LIBRARY)	7 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Baptist Service (CHAPEL) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Corn Hole (EAST WING) **1:15 PM** Travel to Fort Collins, Colorado: City Streets to Mountain Peaks (HOME PARTY ROOM) **2:00 PM** Cooking Demo w/ Chef Tom **3:00 PM** Sing Along: Golden Oldies (EAST WING) **4:00 PM** LCR (RENKEN LIBRARY)	8 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Mini Spa (WEST WING) **11:00 AM** Women's Day Discussion (EAST WING) **11:00 AM** Ping Pong (RENKEN GYM) **1:15 PM** Afternoon of Documentaries (WEST WING) **1:30 PM** Friendship Hobby Hour (HOBBY ROOM) **1:30 PM** Cranium Crunches (EAST WING) **2:00 PM** Strength & Balance (RENKEN GYM) **3:00 PM** Free Swim & Spa (POOL) ***Women's Day***	9 **9:00 AM** Music & Movement (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Mexican train (WEST WING) **1:15 PM** Pokeno (HOME PARTY ROOM) **3:00 PM** Movie Matinee (WEST WING)

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 **9:15 AM** Riddles (EAST WING) **10:15 AM** Catholic Communion (CHAPEL) **11:00 AM** Walking Club (EAST WING) **1:15 PM** Bingo (HOME PARTY ROOM) **2:30 PM** Movie Matinee (WEST WING) **4:00 PM** Movie Matinee (RENKEN LIBRARY) ***Ramadan Begins at Sundown***	11 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Daily Chronicles (EAST WING) **11:00 AM** Arts & Crafts (HOME PARTY ROOM) **1:15 PM** Shopping Trip to Key Food (VAN TRIP) **1:15 PM** This was the Year (EAST WING) **3:00 PM** Corn Hole (RENKEN GYM) **3:00 PM** Brain & Body Yoga (EAST WING) **3:15 PM** Meditation (RENKEN 3RD FLOOR)	12 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **10:15 AM** Catholic Communion (CHAPEL) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Current Events (EAST WING) **11:00 AM** Reminisce (RENKEN LIBRARY) **11:00 AM** Corn Hole (EAST WING) **1:15 PM** Lutheran Service (CHAPEL) **2:15 PM** High Stakes Bingo (Home Party Room) **3:00 PM** Glee Club (RENKEN LIBRARY) **4:00 PM** German Video (RENKEN LIBRARY) **6:00 PM** Movie Night (WEST WING)	13 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Arts & Crafts (HOME PARTY ROOM) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Mind & Body Wellness Workshop: Brain Food (RENKEN LIBRARY) **11:15 AM** Anagrams (EAST WING) **1:15 PM** Van Trip To Tour Nassau County Court House (VAN TRIP) **1:15 PM** Glee Club (East Wing) **3:00 PM** Meditations (RENKEN 3RD FLOOR) **4:00 PM** Pokeno (RENKEN LIBRARY)	14 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** All About Pi (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Corn Hole (EAST WING) **2:00 PM** St. Patrick's Day Party w Debra Toscano (GREAT ROOM) **4:00 PM** LCR (RENKEN LIBRARY) ***Pi Day*** π	15 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Mini Spa (WEST WING) **11:00 AM** Ping Pong (RENKEN GYM) **1:15 PM** Karaoke w/ Cheryl (WEST WING) **1:30 PM** Friendship Hobby Hour (HOBBY ROOM) **1:30 PM** Cranium Crunches (EAST WING) **2:00 PM** Strength & Balance (RENKEN GYM) **3:00 PM** Free Swim & Spa (POOL)	16 **9:00 AM** Music & Movement (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Mexican train (WEST WING) **1:15 PM** Pokeno (HOME PARTY ROOM) **3:00 PM** Movie Matinee

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 **9:00 AM** Nails By Jenny (WEST WING) **9:15 AM** Riddles (EAST WING) **10:15 AM** Lucky Numbers Game (Home Party Room) **10:15 AM** Catholic Communion (CHAPEL) **11:00 AM** Walking Club (EAST WING) **1:15 PM** Bingo (HOME PARTY ROOM) **1:15 PM** Irish Sing Along (East Wing) **2:30 PM** Movie Matinee (WEST WING) **4:00 PM** Movie Matinee (RENKEN LIBRARY) 	18 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Daily Chronicles (EAST WING) **11:00 AM** Arts & Crafts (HOME PARTY ROOM) **12:00 PM** Music w/ Papa Joe (Renken Dining Room) **1:15 PM** You Be the Judge (EAST WING) **1:30 PM** Ladies Society General Meeting (HOME PARTY ROOM) **3:00 PM** Corn Hole (RENKEN GYM) **3:00 PM** Brain & Body Yoga (EAST WING) **3:15 PM** Meditation (RENKEN 3RD FLOOR)	19 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **10:15 AM** Catholic Communion (CHAPEL) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Current Events (EAST WING) **11:00 AM** Corn Hole (EAST WING) **11:30 AM** Lunch Trip to Jonathan's (VAN TRIP) **3:00 PM** Glee Club Performance (HOME PARTY ROOM) **4:00 PM** German Video (RENKEN LIBRARY) **6:00 PM** Movie Night (WEST WING)	20 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Arts & Crafts (HOME PARTY ROOM) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Hangman (EAST WING) **1:00 PM** Rekindling Our Vet Community (VAN TRIP) **1:15 PM** Glee Club (East Wing) **2:00 PM** Spring Fling Party w/ Vic Vincent (HOME PARTY ROOM) **3:00 PM** Meditations (RENKEN 3RD FLOOR) **4:00 PM** Pokeno (RENKEN LIBRARY)	21 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:45 AM** Pet Visits w/ Gelsie & Pups (RENKEN LIBRARY) **11:00 AM** Corn Hole (EAST WING) **11:15 AM** Pet Visits w/ Gelsie & Pups (EAST WING) **1:15 PM** Shopping Trip to Stop & Shop (VAN TRIP) **1:15 PM** Travel to the Sights & Sounds of Tennessee (HOME PARTY ROOM) **3:00 PM** Sing Along: Broadway Show tunes (EAST WING) **3:00 PM** Stretch & Flex (RENKEN GYM) **4:00 PM** LCR (RENKEN LIBRARY)	22 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:00 AM** Board of Elections Primary Presidential Election (WEST WING) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Ping Pong (RENKEN GYM) **1:15 PM** Afternoon of Documentaries (WEST WING) **1:30 PM** Friendship Hobby Hour (HOBBY ROOM) **1:30 PM** Cranium Crunches (EAST WING) **2:00 PM** Strength & Balance (RENKEN GYM) **3:00 PM** Free Swim & Spa (POOL)	23 **9:00 AM** Music & Movement (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Mexican train (WEST WING) **1:15 PM** Pokeno (HOME PARTY ROOM) **3:00 PM** Movie Matinee (WEST WING) ***Purim Begins At Sundown***

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 **10:15 AM** Catholic Communion (CHAPEL) **11:00 AM** Walking Club (EAST WING) **1:15 PM** Bingo (HOME PARTY ROOM) **2:30 PM** Movie Matinee (WEST WING) **4:00 PM** Movie Matinee (RENKEN LIBRARY) PALM SUNDAY	25 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Daily Chronicles (EAST WING) **11:00 AM** Arts & Crafts (HOME PARTY ROOM) **1:15 PM** Shopping Trip to Cherry Valley Marketplace (VAN TRIP) **1:15 PM** This was the Year (EAST WING) **3:00 PM** Brain & Body Yoga (EAST WING) **3:00 PM** Corn Hole **3:15 PM** Meditation (RENKEN 3RD FLOOR)	26 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Current Events (EAST WING) **11:00 AM** Corn Hole (EAST WING) **1:15 PM** Lutheran Holy Week Service (CHAPEL) **3:00 PM** Glee Club (RENKEN LIBRARY) **4:00 PM** German Video (RENKEN LIBRARY) **6:00 PM** Movie Night (WEST WING)	27 **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Arts & Crafts (HOME PARTY ROOM) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Anagrams (EAST WING) **1:15 PM** March Birthday Party Hosted by the Ladies Society (HOME PARTY ROOM) **4:00 PM** Pokeno (RENKEN LIBRARY)	28 **8:15 AM** AH Egg Hunt begins (HOME DINING ROOM) **8:30 AM** Free Swim (POOL) **9:15 AM** Aquacise (POOL) **9:15 AM** Exercise (EAST WING) **10:15 AM** Catholic Communion & Youth Group Visit (CHAPEL) **10:15 AM** Exercise (RENKEN GYM) **11:00 AM** Corn Hole (EAST WING) **12:00 PM** Renken Egg Hunt Begins **12:00 PM** AH Egg Hunt Ends (HOME DINING ROOM) **1:15 PM** Travel to New Jersey (HOME PARTY ROOM) **2:00 PM** Renken Egg Hunt Ends (GREAT ROOM) **3:00 PM** Sing Along: w/ Country Hits (EAST WING) **3:00 PM** Stretch & Flex (RENKEN GYM) **4:00 PM** LCR (RENKEN LIBRARY)	29 **9:15 AM** Exercise (EAST WING) **9:30 AM** Trip to Forest Pork Store (VAN TRIP) **10:15 AM** Exercise (RENKEN GYM) **10:15 AM** Mini Spa (WEST WING) **11:00 AM** Scattergories (EAST WING) **1:15 PM** Karaoke w/ Cheryl (WEST WING) **1:30 PM** Cranium Crunches (EAST WING) **2:00 PM** Strength & Balance (RENKEN GYM) **3:00 PM** Free Swim & Spa (POOL)	30 **9:00 AM** Music & Movement (EAST WING) **10:15 AM** Exercise (RENKEN GYM) **11:15 AM** Mexican train (WEST WING) **1:15 PM** Pokeno (HOME PARTY ROOM) **3:00 PM** Movie Matinee (WEST WING)

March

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 **10:15 AM** Catholic Communion (CHAPEL) **11:00 AM** Walking Club (EAST WING) **1:15 PM** Bingo (HOME PARTY ROOM) **2:30 PM** Movie Matinee (WEST WING) **4:00 PM** Movie Matinee (RENKEN LIBRARY) 	1 	2 	3	4	5	6